

## OPTIMAL Pain & Regenerative Medicine Specialists Offer Patients New Relief with PRP Therapy and Autologous Stem Cell Therapy

The regenerative medicine specialists at OPTIMAL offer platelet rich plasma (PRP) therapy and bone marrow aspirate concentrate (BMAC), a treatment like stem cell therapy, for patients suffering from osteoarthritis and tendon and ligament injuries in Dallas, Ft. Worth and Arlington, Texas.

Arlington, Texas (<u>PRWEB</u>) November 05, 2015 -- OPTIMAL Pain & Regenerative Medicine is now using platelet rich plasma (<u>PRP</u>) therapy and bone marrow aspirate concentrate (<u>BMAC</u>), a treatment like stem cell therapy, to treat patients in Dallas, Ft. Worth and Arlington who are suffering from osteoarthritis and tendon and ligament injuries. By using the body's natural healing response, these therapies accelerate the healing process for many acute and chronic conditions that seem untreatable.

When patients have not had success with traditional pain management and physical therapy for osteoarthritis and tendon and ligament injuries, OPTIMAL regenerative medicine specialists will discuss PRP therapy and BMAC as a treatment option. Regenerative therapy is a safe, non-surgical procedure that utilizes a patient's own blood and bone marrow to alleviate pain and accelerate the internal healing process.

Platelet rich plasma (PRP) therapy has been shown to jumpstart the healing process of chronic tendon injuries as well as acute ligament and muscle injuries. PRP is a concentration of platelets in plasma that contains growth factors and up to 500% of bioactive proteins that are essential in accelerating tissue repair. Using state-of-the-art ultrasound guided equipment, PRP is injected into the damaged area of the body to enhance the healing process.

Significant portions of the body's stem cells are found in human bone marrow. Through a process known as differentiation, stem cells have the ability to develop into many different types of cells. BMAC is a process like stem cell therapy and has been shown to help regenerate joint cartilage and degenerated spinal discs. BMAC contains growth and healing factors similar to platelet-rich-plasma plus an additional concentration of 'pluripotent' stem-like cells, which further contribute to the regenerative process.

OPTIMAL Pain & Regenerative Medicine is on the cutting edge of acute and chronic treatment. Whether traditional interventional pain management or regenerative medicine, they will recommend the right treatment for each patient. For patients living in the Dallas, Ft. Worth or Arlington area, please call 817.468.4343 or visit optimaldfw.com to learn more about PRP and BMAC therapies.

## About OPTIMAL Pain & Regenerative Medicine

Regenerative medicine specialists Dr. Scott Berlin, Dr. Andrew Cottingham and Dr. Michael Phillips strive to be at the forefront in providing leading edge interventional pain management and regenerative medicine options to patients in Dallas, Ft. Worth and Arlington. As a group of physicians double board certified in anesthesiology and pain medicine, their collective expertise includes a full range of innovative treatment options. No matter what your stage of life, OPTIMAL delivers comprehensive, current and most importantly, compassionate medical care.



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